Breakfast

Choice of Freshly Baked Croissant or Muffins (G) (D) (E) Your choice one of plain Croissant, Cheese Croissant, Zaatar Croissant and Chocolate Croissant Choice of vanilla muffin & chocolate muffin.	**12**
Pancakes (G) (D) (E) Enjoy our homemade pancakes with American maple syrup.	**26**
Your Choice of Two Eggs Preparation (D) (E) Scrambled Eggs, Fried Eggs, Spanish omelet, Eggs Benedict, Mushroom and Cheese Omelet, Egg-White Omelet, Indian style spicy Masala Omelet Served with hash brown, chicken sausage and breadbasket.	**26**
Continental Breakfast (N) (G) (D) Fresh seasonal fruit plate, homemade morning pastries, toast with butter and preserves, your choice of cereals, milk, accompanied by coffee or tea and glass of freshly squeezed fruit juice.	**50**
English Breakfast (N) (G) (E) Fresh squeezed fruit juice, basket of homemade morning pastries, chicken sausages, hash brown, baked beans and two eggs cooked any style with choice of scrambled, boiled, fried, poached or omelet and accompanied by coffee or tea.	**55**
Indian Breakfast (N) (G) (E) Fresh squeezed fruit juice, basket of homemade morning pastries, paratha and two eggs cooked style of masala omelet and accompanied by coffee or tea.	**52**
Oriental Breakfast (N) (G) (D) (E) Your choice of fresh seasonal fruits squeezed juice two eggs cooked to your liking: - scrambled, boiled, fried, poached or choice of omelet. Foul Madame's, labneh, hummus, falafel, feta cheese, mixed olives, sliced tomato and cucumber, basket of freshly homemade morning pastries, Arabic bread, served with butter, preserves and accompanied by coffee or tea.	**55**
Healthy Golden Sands Breakfast (D) (E) Start your day with your choice of freshly squeezed juice: - fresh carrot,	**55**

orange, pineapple or watermelon juice. Your choice of cereals, hot / cold low fat milk. Seasonal fruit plate. Low fat fresh Yoghurt. Whole wheat toast, egg white omelet or poached eggs and accompanied by pure green tea, any other herbal tea, or your choice of any other hot beverage.

Soups

Lentil Soup (G) (V) **20**
A velvety soup made from blended local lentils and freshened with lemon fresh, onions garlic and fresh parsley served with lemon and Arabic croutons.

Cream of Mushroom Soup (D) (V) **20**
The earthly flavors of mushroom pureed and blended with fresh cream to form a rich taste served with garlic bread.

Clear Chicken Soup (G) (O) **22**
Flavorful and loaded with tender chicken, macaroni, carrots and onions, combined together in a clear broth.

Salads

Cobb Salad (D) (E) **38**
Mix greens leave, tomatoes, crisp beef bacon, grilled chicken breast, hard-boiled eggs, avocado and Parmesan shavings with ranch dressing served on the side.

Greek Salad (D) (O) (V) **35**
Romaine lettuce, tomatoes, cucumber, mint leaves, sliced olives onions and feta cheese tossed in lemon juice and olive oil.

Chicken Caesar Salad (G) (D) (S) **38**
Grilled chicken, crisp iceberg lettuce, herb croutons, parmesan cheese, served with an anchovy Caesar dressing.

Appetizers

BBQ Chicken Wings (N) (G) (D) BBQ chicken wings in a thick sweet and smoky sauce served with blue cheese sauce.	**34**
Crispy Fried Shrimps (G) (S) Fried breaded crispy gulf prawns and served with cocktail sauce.	**40**
Feta Cheese Rolls (D) (O) (E) (V) Feta Cheese Wrapped in spring roll sheet Stuffed with spinach, onion and sumac fried Crispy served with marinara sauce.	**28**
Oriental Mezzeh platter (choice of your items (G) (D) (O) (V) Hummus/Mutable /Fattouch / Tabbouleh/Kibbeh/cheese fatayer. Served with Arabic bread.	**42**
Any individual Oriental Mezzeh	**24**

Sandwiches

Golden Club Sandwich (D) (G) (E) Triple decker toasted whole wheat bread with sliced grilled chicken in mayonnaise, Lettuce, tomato, cheese, fried eggs, Turkey bacon served with homemade coleslaw salad.	**38**
Falafel Sandwich (N) (G) (V) Arabic bread stuffed with fried crispy falafel balls, sliced tomato, mint, Pickles, parsley with nutty tahini sauce.	**26**
Chicken Tikka Sandwich (G) Tender chicken tikka topped with homemade mint sauce and vegetables, stuffed in a freshly prepared homemade bread.	**32**
Chicken Quesadilla (G) (D) (O) Mexican chicken marinade, tortilla bread with cheddar, savory mixture of spices Mexican, grilled bell pepper, onion, served with homemade Mexican salsa, guacamole and sour cream on the side.	**38**
Chicken Burger (G) (D) (E)	**36**

Grilled Homemade Crunchy chicken, tomato, gherkins, spicy cocktail sauce, served with homemade coleslaw salad.

Beef Burger (G) (D) (E) 42
Grilled Homemade beef patty, tomato slices, lettuce, onions, beef bacon, cheddar cheese, cucumber pickle, Served with homemade coleslaw salad.

Main Course

Fish & Chips (G) (S) (E) 57
Britain's traditional meal, fish fillets marinated batter and breaded deep-fried, served with French fries and tartar sauce with daily salad on the side.

Grilled Boneless Chicken 56
Boneless chicken marinated in garlic, olive oil and oregano, and then Grilled to perfection Served with mixed lettuce salad, garlic mayo sauce and French.

Grilled Beef Tenderloin (D) 98
Grilled beef tenderloin Cooked to your liking served with sautéed Vegetable herbed Mashed potato and Mushroom sauce.

Grilled Lamb Chops (O) 68
Grilled lamb chops marinated with herbs and spices Served with grilled tomato and onions with French fries.

Grilled Salmon (S) (D) 68
Grilled salmon fillet with Steamed vegetables and Puree vegetables, sautéed green peas served with lemon butter sauce.

Choice Biriyani Classic (O)
Famous dish in Indian, basmati rice cooked in Indian spices, herbs and flavored with gravy and rose water.
Vegetable (N) (V) 44
Lamb (N) 54
Chicken (N) 48
Shrimps (N) (S) 62

Daal Tadka (V) 36

Spiced yellow lentils with garlic and cumin, served with steamed rice.

Paneer Tikka Masala (N) (D) (O) (V) **44**
A delicious meal of Indian cuisine - North Indian cuisine prepared from fresh cheese cubes and cooked on a low heat with a rich onion gravy sauce rich in butter and Indian spices, served with Indian paratha.

Murgh Makhani (N) (D) **57**
Butter chicken, with a Punjabi preparation of boneless chicken tikka cooked in tomato sauce, cream sauce served with rice.

Pizza & Pasta

Margherita (G) (D) (V) **39**
Chunky tomato sauce, Italian mozzarella cheese, topped with Italian Oregano.

Beef Salami (G) (D) **46**
Chunky tomato sauce, Italian mozzarella cheese, thinly sliced beef salami topped with oregano.

Quattro Formaggi (G) (D) (V) **48**
Chunky tomato sauce, Italian mozzarella cheese, white cheddar cheese, orange cheddar cheese, parmesan cheese and oregano.

Choose your Pasta (Penne, Spaghetti or Fettuccini) (G) (D) (V) **44**
Tossed With your choice of Tomato, Pink, Bolognese or Alfredo sauce.

Spaghetti Ala Carbonara (G) (D) (E) **46**
A super rich, silky and classic beef bacon, egg with melted cheese, garlic, and freshened with parsley.

Seafood Pasta in Cream sauce (G) (S) (D) **56**
Shrimps, calamari and fish Filled topped with seafood-based cream sauce along with penne, Italian herbs, and fresh garlic, topped with parmesan cheese.

All above pasta dishes served with garlic bread & parmesan cheese.

Kid’s Corner

Baked Pasta (G) (D) **22**
Penne Pasta baked with creamy cheese sauce served with refreshing kid’s juice.

Crispy Chicken Tender (G) (E) **25**
Fried breaded fingers chicken crispy served with Mayonnaise and tomato Ketchup sauce, Served with refreshing kid’s juice.

Cheese Sandwich (G) (D) (V) **22**
Slice White bread, Cheese Cheddar, Mayonnaise, Tomato, Lettuce, French Fries. Served with refreshing kid’s juice.

Mini Beef Burger (G) (D) (E) **25**
Grilled homemade beef patty, tomato slices, lettuce, cheddar cheese, mayo, ketchup Served with refreshing kid’s juice.

Mini Margherita Pizza (G) (D) **25**
Chunky tomato sauce, Italian mozzarella cheese, topped with Italian Oregano.

Desserts

Umm Ali (N) (D) **22**
Traditional local warm dessert made of fluffy puff pastry, nuts, raisins, and soaked in warm sweetened milk and baked.

Ice-Cream (D) **24**
Choice your ice cream flavors: Chocolate, Mango, Vanilla or Strawberry.

Brownies with Vanilla Ice cream (G) (D) (E) **18**

NY Cheese Cake (D) **22**

Dessert of the day - Display **22**
Ask your waiter for the dessert of the day.

Beverages

The Classic

Espresso	12
Double Espresso	14
Americano	15
Café Latte	18
Cappuccino	20
Macchiato	16
Piccolo	14
Cortado	14
Café Mocha	18
Hot Chocolate	18
Spanish Latte	20

Flavor Your Cup (Vanilla, Caramel, Cinnamon)	2

Refreshing Drinks

Virgin Mojito	24
Golden Sands Detox	29
Booster	29
Sunrise	29
Avocado Frappe	29
Anti-Oxidant	29

Frappe

34

Chai
Brewed Coffee
Mocha

Special Shakes

29

Vanilla
Salted Caramel & Banana
Cherry Choco
Strawberry & White Chocolate

Smoothies

29

Tropicolada, Acai Kick
Green Machine
Mango Paradise
Raspberry Love
Strawberry Split

Tea

12

Choice from the tea box

Iced Tea 14

Plain
Lemon
Peach

Fresh Juice 22

Orange
Pineapple
Watermelon
Lemon & Mint

Soft Beverages & Water

Soft Drinks	10
Bavaria Non-Alcoholic	16
Evian Small	12
Mineral Water S/L	7/10
Sparkling Water Small	14

N=NUTS G=GLUTEN S=SEAFOOD D=DAIRY O=ONION E=EGG V= VEGETARIAN

Food described within this menu may contain nuts or other ingredients, which in certain people can lead to allergic reactions. If you are allergic to nuts, or think you may suffer from other forms of food allergies, please inform your order-taker, who will be able to advise on an alternative choice. Fish dishes or food with fish ingredients may contain fish bones.

All prices are in UAE Dirhams and inclusive of %10 service charge, %7 Municipality fees and 5 % VAT.